Baked Penne or Ziti Pasta

Sausage, minced beef, and tomatoes cooked in a rich marinara sauce and baked with pasta tubes with chunks of sausages and vegetables, in just 1 dish!

Ingredients

2 Tbsp olive oil

3 cloves garlic, minced

1 large onion, diced

450 g minced beef

450 g beef and herb sausage, casings removed

2 cans (14.5 oz) tomato sauce or marinara sauce

1 can (28 oz) whole tomatoes with juice

2 tsp Italian seasoning

½ tsp red pepper flakes

Salt and pepper to taste

500 g grated mozzarella

1 package (15 oz) ricotta

½ cup grated Parmesan

2 Tbsp chopped fresh parsley, plus more for garnishing

2 eggs

500 g Penne or Ziti pasta tubes

Method

- 1. Heat olive oil over a pot at medium heat. Add garlic and onions, sauté until softened, 3-4 minutes. Add minced beef and sausage, cook until brown. Drain off half the fat. Add tomato sauce, tomatoes, Italian seasoning, red pepper flakes, salt ands pepper. Stir, and simmer for 25-30 minutes. Reserve 3-4 cups to cool.
- 2. Cook pasta in boiling salted water until not quite al dente.
- 3. Pre heat oven to 180°C.
- 4. Stir together 2 cups mozzarella, ricotta, Parmesan, parsley, eggs and some salt and pepper. Do not mix thoroughly.
- 5. Drain pasta, rinse under cool water. Pour into cheese mixture, then toss to lightly combine. Add cooled reserved meat sauce, and toss lightly.
- 6. Add half the pasta mixture to a heatproof casserole or lasagna dish. Spoon half of remaining sauce over the top, top with half the remaining mozzarella. Repeat with a second layer. Of pasta, sauce and cheese.
- 7. Bake until bubbling, about 20-30 minutes. Let stand for 5 minutes, sprinkle with parsley and serve immediately.